



MINOR GLOBAL HEALTH (URBAN VITALITY) IMPROVEMENT & EQUITY IN HEALTH WORLDWIDE

‘Global Health is an area for study, research, and practice that places a priority on improving health and achieving equity in health for all people worldwide. (J.P. Koplan, *Towards a common definition of Global Health*, 2009).

The minor Global Health will prepare you

- **to work in a diverse society**
- **to cooperate in multidisciplinary teams**
- **to practice your profession in a diverse context, either in a European or non-European country**
- **to become aware and to take into account the effects of a globalizing world.**

The Minor programme is offered by the Health Department of the Amsterdam University of Applied Sciences (AUAS). A new programme has been developed in conjunction with the Universities of Oslo and Aalborg, and other universities may get involved in the future. Topics regarding Global Health are addressed from a holistic perspective. Furthermore, you are encouraged to work in multiprofessional groups, and are supported with adequate teaching strategies. You will learn to evaluate the needs of specific target groups in different districts of Amsterdam, The Netherlands, Europe and worldwide.



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THE COMPETENCIES

Participating in this programme enables you to develop important competencies, which will assist you in your future **career challenges created by our globalising world**. The competences are classified as Global Health Expert, Communicator, Collaborator, Health Advocate, Scholar and Professional.

You will learn:

- To view health related issues from a **holistic perspective**, in which the social, environmental, economic and political situation of an individual, a group, or societies as a whole influence the availability and access to health.
- To integrate important lifestyle, genetic, demographic, political, environmental, social, economic, and psychological determinants of **health and illness** of a population as a whole into professional care activities.
- To integrate knowledge of international health status, global morbidity trends and mortality of chronic diseases of social significance, the impact of migration, trade, and environmental factors on **health and sickness** into professional care activities.
- To explain the pathology, the different contextual shaped signs and symptoms in each society, and possible therapy strategies of the most common diseases worldwide. To address **health and disease** by paying attention to incidence and prevalence numbers.

As a fieldwork assignment:

- You will conduct an appropriate and complete analysis of a local (health) situation; you will identify and analyse the needs, interests and innovation to be addressed in the intersectional collaboration project, and plan quality improvement measures that support legal and ethical standards through the use of evidence-based practice.

IS THIS THE RIGHT MINOR FOR YOU?

The Global Health Minor is taught in English and uses literature from the social sciences. With dedication your learning scope will expand through using social science theory and methods for critically analysing health issues in a globalising world. The projects that you will work on together with Dutch and (other) international students require intercultural communication skills. The Minor enables you to conduct fieldwork in the Netherlands or abroad, which will open your mind to the living conditions and experiences of others.

THE PROGRAMME

The first part of the programme (12 weeks 18 ECTS) will consist of theory and takes place at the AUAS or at one of our partner institutions in Norway or Denmark. The second part (8 weeks 12 ECTS) is reserved for a fieldwork placement.

SEMESTER 1 + 2

REQUIREMENTS

All students studying Nursing, Occupational Therapy, or Physiotherapy can take part in the Global Health Minor programme. Students who study any other health or wellbeing related Bachelor programme can take part in the Global Health Minor with the permission of their own department.

MORE INFORMATION

International Office

E-mail: internationalofficehealth@hva.nl .